



Food Writing
WtW's Recommended Reading and Viewing

Best-Of Lists

[Longreads Best of 2019: Food Writing](#)
[Guardian: Best Cookbooks and Food Writing of 2019](#)
[Best American Food Writing 2019](#)

Reading

[Day of Honey: A Memoir of Food, Love, and War](#)
By Annia Ciezadlo

[Salt, Fat, Acid, Heat](#)
By Samin Nosrat

[Fast Food Nation](#)
By Eric Schlosser

[Four Fish: The Future of the Last Wild Food](#)
By Paul Greenberg

[Salt: A World History](#)
By Mark Kurlansky

[Pig Tales: An Omnivore's Quest for Sustainable Meat](#)
[Tomatoland](#)
By Barry Estabrook

[The Omnivore's Dilemma](#)
[In Defense of Food](#)
[Food Rules](#)
[The Botany of Desire](#)



By Michael Pollan

Food Politics

By Marion Nestle

United States of Arugula: How We Became a Gourmet Nation

By David Kamp

Eating Animals

By Jonathan Safran Foer

Notes from a Young Black Chef: A Memoir

By Kwame Onwuachi

Viewing

Dive!

Dumpster diving at supermarkets demonstrates how much good food is thrown away every day.

Food, Inc.

“This powerful film changed the way millions of Americans eat. Find out why.”

That Sugar Film

“That Sugar Film is one man’s journey to discover the bitter truth about sugar.”

Cooked

Michael Pollan’s look at the evolution of food.