



Food Writing
WtW's Recommended Reading and Viewing

Best-Of Lists

[Longreads Best of 2020: Food Writing](#)
[Guardian: Best Cookbooks and Food Writing of 2020](#)
[Best American Food Writing 2020](#)

Reading

Day of Honey: A Memoir of Food, Love, and War
By Annia Ciezadlo

Salt, Fat, Acid, Heat
By Samin Nosrat

Fast Food Nation
By Eric Schlosser

Four Fish: The Future of the Last Wild Food
By Paul Greenberg

Salt: A World History
By Mark Kurlansky

Pig Tales: An Omnivore's Quest for Sustainable Meat
Tomatoland
By Barry Estabrook

The Omnivore's Dilemma
In Defense of Food
Food Rules
The Botany of Desire



By Michael Pollan

Food Politics

By Marion Nestle

United States of Arugula: How We Became a Gourmet Nation

By David Kamp

Eating Animals

By Jonathan Safran Foer

Notes from a Young Black Chef: A Memoir

By Kwame Onwuachi

Viewing

Dive!

Dumpster diving at supermarkets demonstrates how much good food is thrown away every day.

Food, Inc.

“This powerful film changed the way millions of Americans eat. Find out why.”

That Sugar Film

“That Sugar Film is one man’s journey to discover the bitter truth about sugar.”

Cooked

Michael Pollan’s look at the evolution of food.